



Issue – January to March 2026

# ISPN Bulletin

*News and Updates from the Indian Society of Pediatric Nephrology*

## Leadership Message: First Quarterly Bulletin 2026

As we launch the first quarterly bulletin under the current leadership, we are pleased to share key priorities already set in motion:

- **Inclusive ISPN**  
Expanding representation and strengthening engagement across regions
- **Stronger Communication**  
Fostering transparent, accessible, and responsive connections with our members
- **Academic Growth**  
Supporting scientific events and empowering next-generation through academic exchange
- **Connected Community**  
Initiating a comprehensive member directory to enhance networking and collaboration.

### What's Inside This Quarter:

Committee Profile  
Academic Activities  
Website Update  
Member Recognitions  
Endorsed Academic Events  
Training Centres  
World Kidney Day Message and Highlights  
Announcements: IPNA Membership and ISPNCON 2026



## ISPN Committees

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**President**  
Arpana Iyengar

**General Secretary**  
Sriram Krishnamurthy

**Joint Secretary**  
Jitendra Meena

**Ex-officio members**  
Mukta Mantan  
Abhijeet Saha

**Senior Advisory Council**  
Uma Ali  
Arvind Bagga  
Madhuri Kanitkar  
Kishore Phadke  
Sushmita Banerjee

### Zonal Representatives

**Yashu Saini**  
[North Zone]

**Amit Kumar Satapathy**  
[East Zone]

**Kinnari Vala**  
[West Zone]

**Mritunjay Kumar**  
[Central Zone]

**Hamsa V**  
[South Zone]

### Academic committee:

**Chair:** Susan Uthup

**Ex officio:** Pankaj Hari (*till June 2026*)

**Members:**

Anil Vasudevan (*till December 2026*)

Aditi Sinha

Girish C Bhatt

Priya Pais

Saroj Patnaik (*from 2027 onwards*)

### Fellowship committee:

**Chair:** Rajiv Sinha

**Ex officio:** Indira Agarwal (*till June 2026*)

**Members:**

Madhuri Kanitkar

Nivedita Kamath

Radhika C Radhakrishnan

Anshuman Saha

### Bulletin committee:

**Chair:** Suprita Kalra

**Ex Officio:** Abhijeet Saha (*till June 2026*)

**Members:**

Manoj Matnani

Anubha Srivastava

Subhankar Sarkar

Swathi Kiran Shiri

### Website committee:

**Webmaster:** Soumya Reddy

**Ex officio:** Girish C Bhatt (*till June 2026*)

**Members:**

Jyoti Singhal

Bobbity Deepthi

## Academic / Training-related activities

### ISPN-WKD Webinar

📅 14 March | 6.30pm-8pm

**Theme: Kidney Care of Children Across India**

#### Topics:

- Early detection of kidney disease
- Training for better kidney care
- Kidney care: A urological perspective
- Advocacy for children with kidney disease

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### NEfPRO Series

- **Post graduate in Pediatrics**  
Bi-monthly case discussion

📅 2nd & 4th Saturdays | From May 2026

- **Fellows & DM Program**  
Monthly case discussion

📅 3rd Saturday | From May 2026

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### 📄 ISPN Guidelines

AKI and Antenatal Hydronephrosis guidelines are under development

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### Basic Research Webinar

For trainees/ fellows/ early career nephrologists

📅 9 April 2026 | 5.30pm-7pm

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### Fellowship Exit Examination 2026

Conducted at Department of Pediatric Nephrology, Lady Hardinge Medical College, New Delhi

#### Certified candidates:

Mallika Agarwal, BJ Wadia Hospital, Mumbai  
Dhiraj Kumar Bharat Khandade, BJ Wadia, Mumbai  
Rifah Khan, ICH, Kolkata  
Melachuru Sai Padma Charan, Mehta Hospital, Chennai  
Pari Palanivelan, GangaRam Hospital, New Delhi  
Puspha Yada, KEM, Pune

#### Next Exit Examination

Scheduled for **30 January 2027**

Registered candidates:11

## Website updates:

<https://www.ispn.org.in>

- **Website Enhancement**

Ongoing updates to website content, including events, gallery, and committee information

- **Streamlined Processes**

Simplification of endorsement and membership processes

- **Website Redesign**

A comprehensive redesign is under consideration to improve user experience

- **Patient & Caregiver Resources**

Planned inclusion of educational materials and audiovisual content to enhance outreach and impact

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## Member Recognitions 2026:

**IPNA Fellowship Committee Member**  
**OP Mishra**

**AsPNA Council Member**  
**Jyoti Sharma**

**IPNA WKD Award**  
**Neha Bhandari**

**ISN Clinical Research Abstract Award**  
**Sukanya Govindan**

**ISN Clinical Research Rising Star Award**  
**Priya Pais**

**Kidney Warrior Foundation Conclave Awardees**  
**RN Srivastava**  
**Kumud Mehta**  
**Arvind Bagga**  
**Sanjeev Gulati**

## ISPN Endorsed Academic Events 2026

### PD-TAME 2026

The 3<sup>rd</sup> and 4<sup>th</sup> Pediatric Dialysis and Therapeutic Apheresis Module for Emergency was held from 31<sup>st</sup> January to 1<sup>st</sup> February 2026 and 28<sup>th</sup> February 2026 to 1<sup>st</sup> March 2026 at King George Medical University, Lucknow and AIIMS Patna respectively.

### Advances in Acute Kidney Injury: CME and CKRT Workshop

Held on March 8<sup>th</sup> 2026 at AIIMS Kalyani.

### Annual Training Course in Pediatric Nephrology

Held on 21-22 March 2026 at AIIMS, New Delhi

### Pediatric Nephrourocon 2026

To be held in Chennai on 24<sup>th</sup> April 2026.

## Pediatric Nephrology Training Centres In India

### ISPN Fellowship

BJ Wadia Hospital, Mumbai

Mehta Hospital, Chennai

Little Star Hospital,  
Hyderabad

Institute of Child Health,  
Kolkata

Kanchi Kamakoti Child  
Trust Hospital, Chennai

IKDRC, Ahmedabad

KEM Hospital, Pune

CMC, Vellore

### FNB Fellowship

KEM Hospital, Pune

Sri Ganga Ram Hospital,  
New Delhi

Mehta Hospital, Chennai

Chacha Nehru Bal  
Chikitsalaya, New Delhi

### Institutional/ University Fellowship

CMC, Vellore

JIPMER, Pondicherry

Institute of Medical  
Sciences, Banaras Hindu  
University

AIIMS, Jodhpur

AIIMS, Kalyani

Sri Ganga Ram Hospital,  
New Delhi

Rainbow Children's  
Hospital, Bangalore

### DM

SJMCH, Bangalore

AIIMS, New Delhi

PGIMER, Chandigarh

AIIMS, Bhopal

AIIMS, Raipur

SAT-GMC, Trivandrum

SMSMC, Jaipur

IKDRC, Ahmedabad

LHMC, New Delhi

## WORLD KIDNEY DAY MESSAGE

BY DR RN SRIVASTAVA

### The Saga of the World Kidney Day and Pediatric Nephrologists -Reflections on the journey ahead-

The World Kidney Day (WKD) was celebrated globally this year on 12 March 2026. WKD was inaugurated in March 2006 and is observed annually on the second Thursday of March, with the primary aim of raising global awareness of kidney disease, promoting preventive behavior, and ensuring equitable access to care.

Globally, there are more than 800 million patients with chronic kidney disease (CKD). Approximately two million people die each year, about half of them due to lack of access to kidney replacement therapy. The situation is especially serious in countries with limited resources. At a historic event, the WHO, at its 78th Assembly in May 2025, adopted a dedicated resolution on kidney health. This prioritizes kidney care within the global non-communicable disease agenda and elevates kidney disease as a major public health concern.

The pattern of kidney disease in children, however, is vastly different from that in adults. Our main concerns include CAKUT, urinary tract infections, acute kidney injury, glomerular diseases, genetic disorders, and tubulopathies. Many of these eventually lead to CKD, especially due to delayed detection and inadequate management. Our focus as pediatric nephrologists must be on prevention, early detection, and prompt expert care, both acute and long-term. Primary prevention of kidney disease may be possible in certain genetic conditions. Recurrent urinary tract infections can be managed with appropriate measures. Obesity, essential hypertension, and diabetes are emerging as important factors in the adolescent population and require proper management to prevent and slow renal involvement.

The foremost responsibility of the Indian Society of Pediatric Nephrology (ISPN) and all its members is to provide expert care to children with kidney disorders. However, our numbers are too small to address the magnitude and complexity of this problem alone.

Consequently, many children with kidney disease are treated by general pediatricians or adult nephrologists. ISPN needs to identify and engage general pediatricians with an interest in pediatric nephrology and include them in our workforce as “pediatricians interested in nephrology.” They could receive short-term hands-on mentoring and online training through competency-based modules, including emergency peritoneal dialysis and clear guidelines for prompt referrals. Continued care could then be jointly managed with tertiary referral centres.

As we strive to improve pediatric nephrology services, awareness and advocacy are key to reaching and providing care to our youngest patients, including those in remote areas and from economically disadvantaged backgrounds. Meaningful engagement with policymakers, supported by robust data on the burden of pediatric kidney disease and well-reasoned strategies for management, is crucial.

To achieve this, it is imperative that we work together to strengthen ISPN, not only in numbers but also through vigorous clinical research, development of guidelines, and the establishment of nationwide registries for various pediatric kidney disorders.

Pediatric nephrology in India has come a long way. It is now time to take stock, consolidate our commitment, and chart new directions forward.

- Dr RN Srivastava

# WORLD KIDNEY DAY ACTIVITIES

## HIGHLIGHTS SHARED BY CENTRES ACROSS INDIA

### NORTH ZONE



Division of Pediatric Nephrology, department of Pediatrics, Heritage Institute of Medical Sciences, Varanasi- educational talk on care for children with kidney diseases and protection of planet alongside focus on children undergoing dialysis.



Division of Pediatric Nephrology, department of Pediatrics, VMMC and Safdarjung hospital- health check ups for 300 children, interactive programs and competitions for children and parents and Natak by nursing team to create awareness about myths of CKD



AIIMS Raebareilly- walkathon, poster competition, PG quiz, patients and caregiver awareness, and a workshop on Automated Peritoneal Dialysis



The "3rd Update on Paediatric Renal and Metabolic Disorders" at Maulana Azad Medical College, New Delhi



The 4<sup>th</sup> Annual Pediatric Kidney Meet- IPNA endorsed Pediatric Nephrology Workshop-cum-CME at AIIMS Jodhpur on Pediatric Nephrology for New Age Pediatricians.



Rohilkhand Medical College and Hospital, Bareilly, Uttar Pradesh by Organised a Nephrology Quiz for post graduate students

### CENTRAL ZONE



Team Indore conducted awareness program on early detection of kidney diseases in children and adults along with drawing competition for children with kidney diseases.

Division of Pediatric Nephrology, Department of Pediatrics AIIMS Bhopal highlighted comprehensive pediatric kidney care including peritoneal dialysis as a child-friendly, home based, and environmentally sustainable "green dialysis" option. Young warriors with kidney diseases shared experiences. Introduction of personalized medical record system, multiple outreach activities including quiz, drawing competition, cultural programs and school awareness programs were conducted.



# WORLD KIDNEY DAY ACTIVITIES

## HIGHLIGHTS SHARED BY CENTRES ACROSS INDIA

### EAST ZONE



Department of Pediatrics, AIIMS Kalyani organized a CME and workshop on "Advances in Acute Kidney Injury: A CME and CKRT Workshop"

### WEST ZONE



IKDRC celebrated WKD with a series of interactive academic sessions for dialysis technicians and nurses, skit creative sci-fi performance by children with kidney diseases to promote awareness on organ donation and hands on PD workshop



Dr. D.Y. Patil Medical College Hospital and Research Centre, Pimpri, Pune regarding awareness of kidney diseases and early detection in children

### SOUTH ZONE



Department of Paediatrics at AIIMS Mangalagiri commemorated World Kidney Day 2026 with a series of engaging activities aimed at raising awareness about kidney health in children.



Department of Pediatric Nephrology CMC Vellore conducted competitions on poster, pamphlet and essay writing and quiz. School awareness program was conducted for 250 children and teachers on healthy diet, preventive measures to reduce kidney diseases and green environment. A free pediatric health camp included general evaluation, blood pressure, and urine tests. The dietary stall on kidney-friendly diets was most popular. A puppet show raised awareness of early kidney disease, and an organ donation drive saw volunteers pledge donation.

St John's Medical College Hospital, Bangalore conducted awareness activities with flash mob & role play, symbolic ribbon-tying to a tree representing multidisciplinary teamwork, felicitation of two live kidney donors and fun activities for children with kidney disease



## Join the Global Pediatric Nephrology Community!

This is a wonderful opportunity to become a member of the *International Pediatric Nephrology Association (IPNA)*, **with FREE membership** for individuals from low- and lower-middle-income countries, including ours!

- ✳️ Connect, collaborate, and grow with a global network of experts in pediatric nephrology.
- 👉 Register now through the portal: <https://theipna.org>

## ✳️ Mark Your Calendar

Annual Conference – **December 2026**



38TH ANNUAL CONFERENCE OF THE  
INDIAN SOCIETY OF PAEDIATRIC NEPHROLOGY

# ISPNCON

## 2026

SAVE THE DATE

**4-6 DECEMBER**

# BENGALURU

ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES

ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES

Contact: [ispncon2026@gmail.com](mailto:ispncon2026@gmail.com)

The poster features a sunset background with a large, modern building (St. John's National Academy of Health Sciences) in the foreground. A path leads from the bottom towards the building, flanked by orange flowers. The text is centered and uses various colors (blue, gold, white) for emphasis.